



Woodlands Family Institute, P.C.

PERSONAL DATA RECORD

Client Name: _____ Date of Birth _____

Address: _____

City/State/Zip: _____

Home Phone: _____ Work Phone: _____

Cell Phone: _____ Other Phone: _____

SSN: _____ TXDL: _____

Employer/School: _____

Referred to Our Office by: _____

May we send a Thank You card to the person who referred you? (Circle One) Yes No

May we mention your name in that Thank You card? (Circle One) Yes No

EMERGENCY CONTACT

Name: _____ Relationship: _____

Address/Phone: _____

CONSENT FOR TREATMENT

Client Name: _____ Birthdate: _____

I give full consent for **myself** or my **child/adolescent** to receive outpatient mental health services until I notify WFI of any changes or until it is determined that treatment is no longer necessary. I certify that I have the legal right to seek and authorize treatment for myself or my child/adolescent.

Signature of *Client, Client's Parent or Legal Guardian* Date

AUTOMATIC PAYMENT

If you would like us to automatically charge your credit/debit card for your fee, please provide the information below:

MC/Visa No. _____ Exp. Date _____

Name as Listed on Card: _____

Signature of Authorized User: _____

FINANCIAL RESPONSIBILITY

Name of person(s) financially responsible for this account: _____

Address(es): _____

Signature(s): _____

Relationship(s) to client: _____

INFORMATION, CONSENT AND POLICIES
Joanne S. Parham, PhD, LMFT

We are very honored that you have selected Woodlands Family Institute, P.C. to provide you with counseling or psychological services. We all wish to do our best to assist you in making this experience meaningful and fruitful. This document is designed to inform you about my background and to ensure that you understand our professional relationship.

Working in the field of psychology since, 1976, I hold the degree of Ph.D. in Counseling Psychology and I am certified as a Psychologist. I am a Licensed Professional Counselor and Marriage and Family Therapist. Additionally, I am a certified Imago Therapist and School Psychologist.

I hold an abiding belief that no matter how difficult a person's circumstances may be, it is possible to produce meaningful changes. Sometimes this takes a long time to achieve. While some clients need only a few sessions to reach their goals, others may require months or even years. This is truly an individual quest. As a client, you are in complete control and may end our professional relationship at any point. I will be supportive of that decision. Ultimately, my job is to work myself out of a job, so that you feel confident to carry on without my intervention.

I assure you that our work will be conducted in a conscientious manner consistent with accepted ethical standards. Please note that it is impossible to guarantee any specific results regarding your goals. However, together we will work to achieve the best possible results for you.

OFFICE POLICIES

PAYMENT FOR SERVICES: Clients are expected to pay for services at the time they are rendered unless other arrangements have been made. Please notify us if any problem arises during the course of your therapy regarding your ability to make timely payment. Failure to keep your account current may result in legal or collection agency intervention, which could adversely affect your credit rating. A fee of \$15 will be assessed for returned checks.

STANDARD RATES:

\$150.00 per standard 45-50 minute session or prorated accordingly. Professional services include, but are not limited to, office appointments, therapeutic telephone calls, insurance reports, third-party consultations, and correspondence.

\$750.00 for ADD/ADHD evaluation of a **child**. This process normally requires three sessions. You may pay the entire amount upon the first session; or you may split the payments between the three sessions @ **\$250.00 per session**.

\$500.00 for **adult** ADD/ADHD evaluations. This process normally requires two sessions. You may pay the entire amount upon the first session; or split the payments between the two sessions @ **\$250.00 per session**.

INSURANCE REIMBURSEMENT: Clients who carry insurance should remember that professional services are rendered and charged to the client and not to the insurance company. We will provide you with a receipt, which you can submit to your insurance company for reimbursement. If arrangements have been made, we will submit claims, to **your primary carrier only, on your behalf, however; the entire fee for service remains the responsibility of the client, including any portion not reimbursed by insurance.**

CANCELLATION: Since the scheduling of an appointment involves the reservation of time specifically for you, a minimum of 24 hours notice is required for rescheduling or cancellation of an appointment. The full fee will be charged for missed sessions without such notification.

CONFIDENTIALITY: All information disclosed within sessions is confidential and may not be revealed to anyone without written permission except where disclosure is required by law. Disclosure may be required in the circumstances where there is reasonable suspicion of child or elder abuse and where there is reasonable suspicion that the client is likely to harm himself/herself or others unless protective measures are taken. Disclosure may also be required pursuant to a legal proceeding.

AFTER HOURS EMERGENCY PROCEDURE: If a true emergency arises, please contact our answering service @ 713-866-4494, inform the operator that you have an emergency, and request that your therapist be contacted immediately.

CHILDREN can be joyful and energetic, but with respect to the concerns which brought you along with our other clients to us, we request that you obtain a sitter for children not receiving treatment so that our full attention can be devoted to your priorities.

Having read the policies described above, I agree to all professional policies, agree to meet all financial obligations, and agree that this contract replaces any earlier contracts.

Signature of **client / client's representative / legal guardian**

Date

Please take a moment to complete the Presenting Problems and Symptoms sections of the enclosed treatment plan.

We will review these together and complete the remainder of the plan in our initial session.

Treatment Plan

Date: _____

Name: _____

Presenting Problems:

___ Depression ___ Anxiety ___ Relationship Discord ___ Stress ___ Alcohol
___ Drugs ___ Anger ___ Obsessive/Compulsive ___ Bereavement ___ Parenting
___ Sexual ___ Psychosis ___ Adjustment Issues ___ School/Work Issues
___ Other (please describe)

Description:

Symptoms:

___ appetite ___ sleep ___ sadness ___ self-esteem ___ motivation ___ energy
___ hygiene ___ agitation ___ hyper ___ worry ___ social isolation ___ tearful
___ racing thoughts ___ panic attacks ___ obsessive thoughts ___ compulsive behaviors
___ flat emotions ___ concentration ___ memory ___ weight loss/gain ___ confidence
___ loneliness ___ excessive emotionality ___ hallucinations ___ delusions
___ erratic behavior ___ alcohol/drug dependence ___ other (please describe)

Description:

Treatment Goals:

1. Reduce frequency and intensity of:
2. Increase frequency and intensity of:
3. Eliminate:

Treatment Methods and Duration:

___ Individual sessions weekly using CBT and/or relaxation techniques

___ Relationship sessions weekly using CBT and application of research findings

Diagnosis:

Axis I _____

Axis II _____

Axis III _____

Axis IV _____

Axis V _____

Recommendations for Adjunctive Treatment/Assessment:

Plan Review/Revision:

Stephen Parham, PhD

Client



Woodlands Family Institute, P.C.

Notice of Policies and Practices to Protect the Privacy of Your Health Information

THIS NOTICE DESCRIBES HOW PSYCHOLOGICAL AND MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

I. Uses and Disclosures for Treatment, Payment, and Health Care Operations

Woodlands Family Institute (WFI) may use or disclose your *protected health information (PHI)*, for *treatment, payment, and health care operations* purposes with your *general consent*. To help clarify these terms, here are some definitions:

- “*PHI*” refers to information in your health record that could identify you.
- “*Treatment, Payment and Health Care Operations*”
Treatment is when we provide, coordinate or manage your health care and other services related to your health care. An example of treatment would be when I consult with another health care provider, such as your family physician or a colleague.
Payment is when we obtain reimbursement for your healthcare. Examples of payment are when we disclose your PHI to your health insurer to obtain reimbursement for your health care or to determine eligibility or coverage.
Health Care Operations are activities that relate to the performance and operation of my practice. Examples of health care operations are quality assessment and improvement activities, business-related matters such as audits and administrative services, and case management and care coordination.
- “*Use*” applies only to activities within WFI such as utilizing information that identifies you.
- “*Disclosure*” applies to activities outside of WFI, such as releasing, transferring, or providing access to information about you to other parties.

II. Uses and Disclosures Requiring Authorization

We may use or disclose PHI for purposes outside of treatment, payment, and health care operations when your appropriate authorization is obtained. An “*authorization*” is written permission above and beyond the general consent that permits only specific disclosures. In those instances when we are asked for information for purposes outside of treatment, payment and health care operations, we will obtain an authorization from you before releasing this information. We will also need to obtain an authorization before releasing your psychotherapy notes. “*Psychotherapy notes*” are notes we have made about our conversation regarding a private, group, joint, or family counseling session. These notes are given a greater degree of protection than PHI.

You may revoke all such authorizations (of PHI or psychotherapy notes) at any time, provided each revocation is in writing. You may not revoke an authorization to the extent that (1) we have relied on that authorization; or (2) if the authorization was obtained as a condition of obtaining insurance coverage, and the law provides the insurer the right to contest the claim under the policy.

III. Uses and Disclosures with Neither Consent nor Authorization

We may use or disclose PHI without your consent or authorization in the following circumstances:

- **Child Abuse:** If we have cause to believe that a child has been, or may be, abused, neglected, or sexually abused, we must make a report of such within 48 hours to the Texas Department of Protective and Regulatory Services, the Texas Youth Commission, or to any local or state law enforcement agency.
- **Abuse of the Elderly and Disabled:** If we have cause to believe that an elderly or disabled person is in a state of abuse, neglect, or exploitation, we must immediately report such to the Department of Protective and Regulatory Services.
- **Sexual Misconduct by a therapist:** If you report to us any situation that constitutes sexual misconduct by a current or former therapist, then we are required to inform the licensing authority of the offending therapist.
- **Regulatory Oversight:** If a complaint is filed against a therapist with a regulatory authority, they have the authority to subpoena confidential mental health information relevant to that complaint.

- **Judicial or Administrative Proceedings:** If you are involved in a court proceeding and a request is made for information about your diagnosis and treatment and the records thereof, such information is privileged under state law, and we will not release information, without written authorization from you or your personal or legally appointed representative, or a court order. The privilege does not apply when you are being evaluated for a third party or where the evaluation is court ordered. You will be informed in advance if this is the case.
- **Serious Threat to Health or Safety:** If we determine that there is a probability of imminent physical injury by you to yourself or others, or there is a probability of immediate mental or emotional injury to you, we may disclose relevant confidential mental health information to medical or law enforcement personnel.
- **Worker's Compensation:** If you file a worker's compensation claim, we may disclose records relating to your diagnosis and treatment to your employer's insurance carrier.

IV. Client's Rights and Our Professional Duties

Client's Rights:

- *Right to Request Restrictions* – You have the right to request restrictions on certain uses and disclosures of protected health information about you. However, we are not required to agree to a restriction you request.
- *Right to Receive Confidential Communications by Alternative Means and at Alternative Locations* – You have the right to request and receive confidential communications of PHI by alternative means and at alternative locations. (For example, you may not want a family member to know that you are seeking our services. Upon your request, we will send bills or other correspondence to another address.)
- *Right to Inspect and Copy* – You have the right to inspect or obtain a copy (or both) of PHI and psychotherapy notes in my mental health and billing records used to make decisions about you for as long as the PHI is maintained in the record. We may deny your access to PHI under certain circumstances, but in some cases you may have this decision reviewed. On your request, we will discuss with you the details of the request and denial process.
- *Right to Amend* – You have the right to request an amendment of PHI for as long as the PHI is maintained in the record. We may deny your request. On your request, we will discuss with you the details of the amendment process.
- *Right to an Accounting* – You generally have the right to receive an accounting of disclosures of PHI for which you have neither provided consent nor authorization (as described in Section III of this Notice). On your request, we will discuss with you the details of the accounting process.
- *Right to a Paper Copy* – You have the right to obtain a paper copy of the notice from me upon request, even if you have agreed to receive the notice electronically.

Our Professional Duties:

- We are required by law to maintain the privacy of PHI and to provide you with a notice of our legal duties and privacy practices with respect to PHI.
- We reserve the right to change the privacy policies and practices described in this notice. Unless we notify you of such changes, however, we are required to abide by the terms currently in effect.
- If we revise our policies and procedures, we will post a current copy in our offices. A current copy will always be available on our web site and you may request a personal copy.

V. Questions and Complaints

If you have questions about this notice, disagree with a decision we make about access to your records, or have other concerns about your privacy rights, you may contact Mary Piehl, Office Manager, or your therapist at (281) 363-4220.

If you believe that your privacy rights have been violated and wish to file a complaint with our office, you may send your written complaint to Mary Piehl or your therapist at: 1610 Woodstead Ct., Suite 420, The Woodlands, TX 77380.

You may also send a written complaint to the Secretary of the U.S. Department of Health and Human Services. The person listed above can provide you with the appropriate address upon request.

You have specific rights under the Privacy Rule. We will not retaliate against you for exercising your right to file a complaint.

VI. Effective Date, Restrictions and Changes to Privacy Policy

This notice will go into effect on 3/28/2005. We reserve the right to change the terms of this notice and to make the new notice provisions effective for all PHI that we maintain. We will provide you with a revised notice in our lobby and on our web site. You may request a personal copy at any time.



Woodlands Family Institute, P.C.

Please indicate below how we may contact you and whether we can leave a message:

Home Phone May we leave a message (Circle One)? Yes No

Work Phone May we leave a message (Circle One)? Yes No

Cell Phone May we leave a message (Circle One)? Yes No

Unencrypted (normal) email (address): _____

If you would like us to use an address other than your home address for billing and other correspondence, please provide an alternative address below.

Other (Specify) _____

You may change the above instructions at any time by requesting another one of these forms or otherwise instructing us in writing.

ACKNOWLEDGEMENT

I have been provided a copy of the **Notice of Policies and Practices to Protect the Privacy of Your Health Information** and the **Office Information and Office Policies**. I understand and accept those policies and practices. WFI is hereby granted consent to contact me as specified above, and for the use and disclosure of my health information as described in those policies for Treatment, Payment and Health Care Operations.

Client or Authorized Representative Signature Date

Refused to Sign

Unable to Sign (Specify Reason) _____

Signature of Person Documenting Refusal or Inability to Sign Date