

## Information, Consent and Policies

### Jimena Isaza, M.A., LPC-Intern

Supervised by Pedra Ane, LPC-S, RPT, CSC, NCC  
9595 Six Pines Drive, suite 8210 The Woodlands, TX 77380  
281-813-2343

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We are honored that you have selected Woodlands Family Institute, P.C. to provide you with counseling or psychological services. We all wish to do our best to assist you in making this experience meaningful and fruitful. This document is designed to inform you about my background and to ensure that you understand our professional relationship.

#### **Background Information**

Working in the field of psychology since 1995, I hold a degree of M.A. in Clinical Psychology. I am a Licensed Professional Counselor – Intern, licensed by the Texas State Board of Examiners of Professional Counselors, and I am working under the supervision of Pedra Ane, LPC-S, RPT, CSC, NNC. (LPC license # 60811) 9595 Six Pines Drive, suite 8210 The Woodlands, TX 77380.  
Telephone: 281-813-2343.

As a therapist I believe that I am being invited into my client's life, to walk along and to help lift the suffering for a while, in order to be able to find alternative ways to that path. I will shed light, knowledge, care and support through a journey the client has come to share with me. No one but the client is able to change the path, the attitude or the choices that have been or will be made, this is truly and individual quest. I will do the best to my abilities in understanding and guiding my clients during therapy.

I have a special interest in family dynamics and how they play a role in the client's life. I keep in mind the environment and cultural beliefs the client brings into therapy and have an utmost respect for it. Counseling is also provided in Spanish at client's request.

#### **Fees**

The rate for the services provided is \$100 per 50-minute session or prorated accordingly. All fees for services are due at the time service is rendered. Follow-up appointments will not be honored if an account has an outstanding balance. Please check in with the office upon arrival to make payment and receive an insurance-ready receipt. Fees for sessions scheduled after normal business hours will be collected by your therapist.

#### **Cancellations**

At least 24 hours advanced notice for cancellations is appreciated. With the exception of serious illness, cancelling sessions with less than 24 hours notice will result in client being charged for the missed session.

Having read the policies described in this packet, I agree to all professional policies and agree to meet all financial obligations.

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Client / Custodial /Parent/ Guardian Signature

Date